

*The Courage to Be:
Who You Are
as a Career Development
Professional*



*“Technique is what we use until the real teacher arrives.”
- Parker J. Palmer*



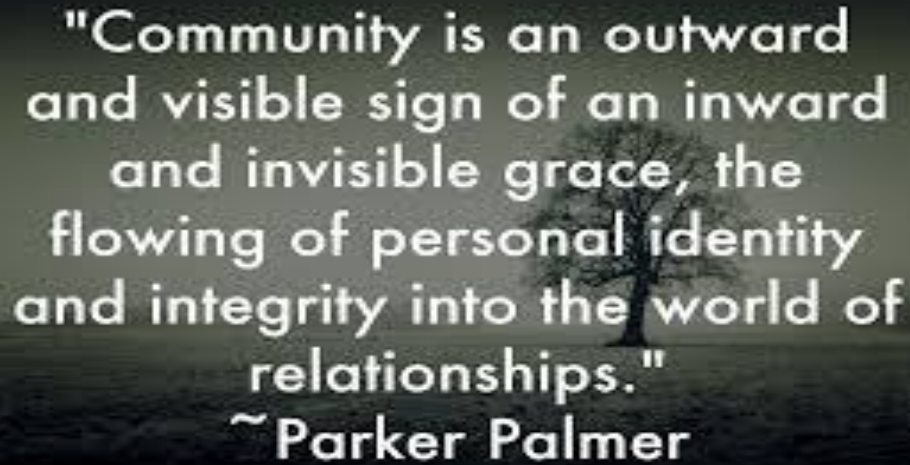
Cindy Edwards & Vic Massaglia



Setting the Stage: Building a Community of Truth



Setting Our Stage: Building a Community of Truth

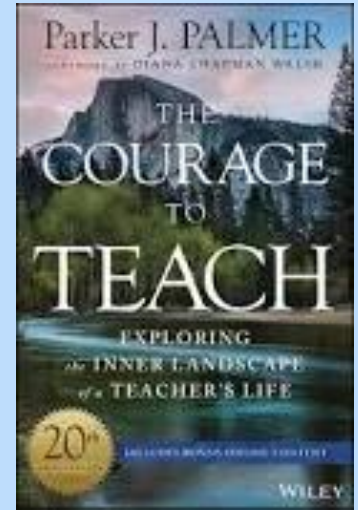


"Community is an outward
and visible sign of an inward
and invisible grace, the
flowing of personal identity
and integrity into the world of
relationships."
~ Parker Palmer

Learning Outcomes

Our big hopes for you...

- Run out and get the book
- Connect with Your Inner Landscape
 - Identity (who) and Integrity (how)
- Confirm and Continue Your Craft
- Find the Courage to Be Who You Are



The Self as an Instrument of Change

- The assertion that “the use of self as [an] instrument is at the **heart of our uniqueness and effectiveness.**”
- Emphasis on a **heightened self-awareness.**

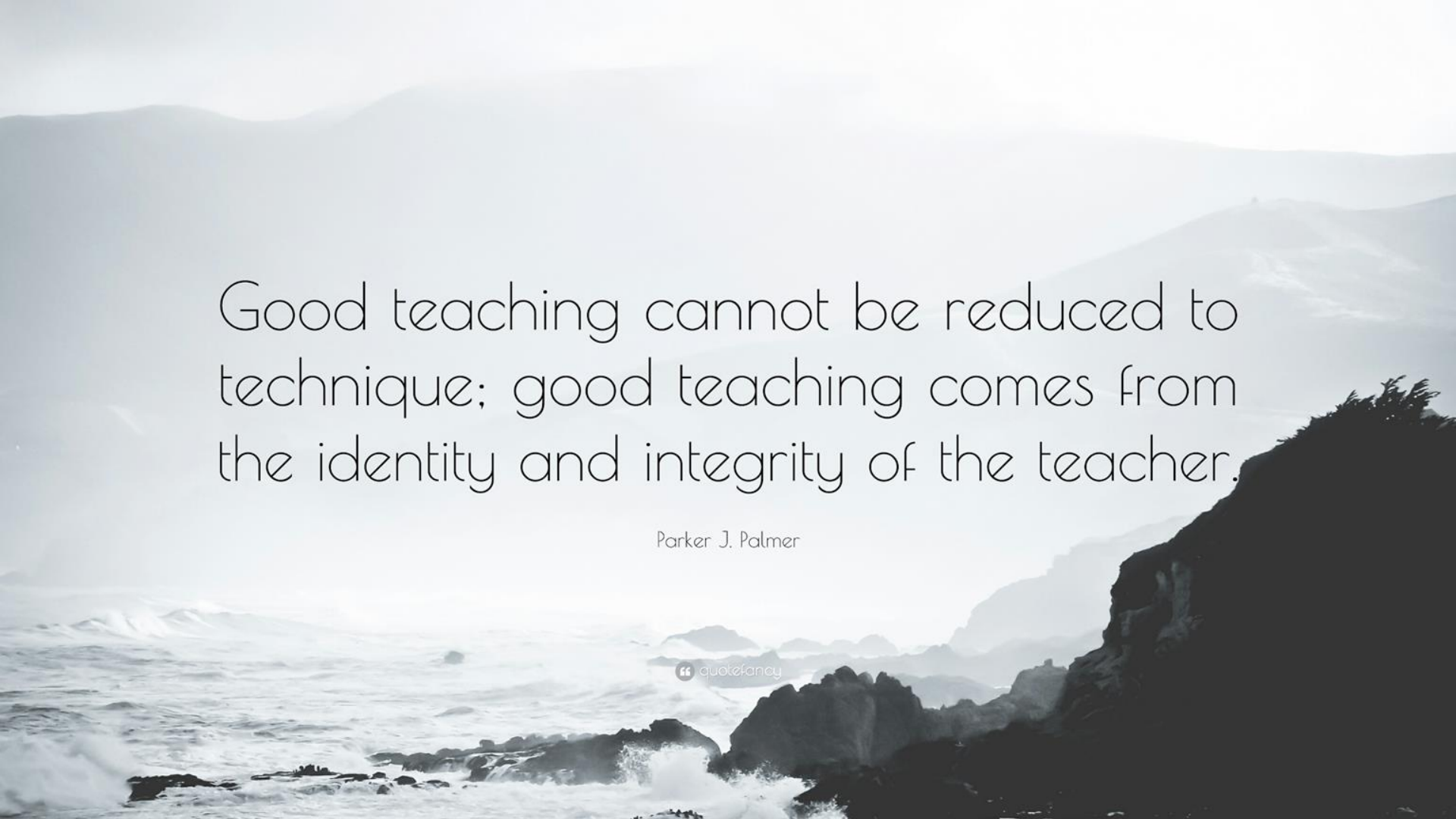


Mee-Yan Cheung Judge, 2001

Inner Landscape

Before I can tell my life what I want to do with it, I must listen to my life telling me who I am.” — Parker J. Palmer - [Let Your Life Speak](#)





Good teaching cannot be reduced to technique; good teaching comes from the identity and integrity of the teacher.

Parker J. Palmer

“ quote fancy

Identity (Who You Are)



“Identity lies in the intersection of the diverse forces that make up a life.”

- Genetic Makeup
- Nature of Parents
- Culture Which I Raised
- People I interacted With (Good and Bad)
- Experience of Love and Suffering
- And Much, Much More.

— Parker Palmer

Identity (Who You Are)

Reflect and Create a Personal Statement:

- What are your inner gifts, the gifts you bring to the world simply by being you?
Values, strengths, character...?
- Do you feel able to give your gifts freely? If not, what is keeping you from doing so?
- What did I become a career development professional?
- What do I stand for in my work?
- What do I want my legacy as a career professional to be?
- What can I do to “keep track of myself,” to remember my own heart?

Integrity: How You Show Up



“Just as we leave the effects of our work behind in results, we leave the effects of our interactions with people in their hearts, minds, and souls.”

— *Henry Cloud, Integrity: The Courage to Meet the Demands of Reality*

Integrity (How I Show Up)

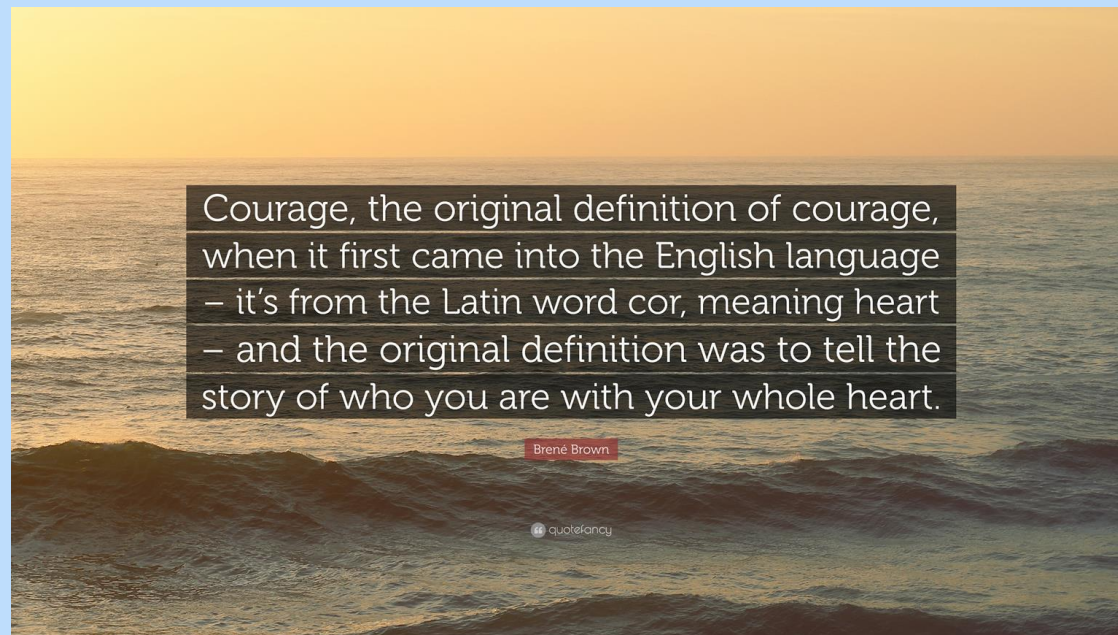
Reflection:

- How does who I am show up in what I do?
- Does my identity match my work style?
- Do I change for client/student/space at a detriment of myself?
- Do I join or distance myself from your work life?

Ideas for Action:

- Understand my style (personality type)
- Survey others to understand how I am perceived

Who + How = Your Best Self This Takes Courage!



Courage, the original definition of courage, when it first came into the English language – it's from the Latin word cor, meaning heart – and the original definition was to tell the story of who you are with your whole heart.

Brené Brown

quotefancy

Metaphorical Sharing - Identity and Integrity

When I am working as a career development professional at my best, I am like a _____.

“If we want to grow, we must learn to talk to each other about our inner lives, our own identity and Integrity”



Tuning Your Instrument: Reflection Activities That Impact You

- Surveys
- 360 Assessments
- Professional / Personal Development
- Mentors



Thomas J. Green - RIP 2019

Confirming and Continuing to Craft

“The best gift we receive from great mentors is not their knowledge or their approach to teaching but the sense of self they evoke within us.”

– Parker J. Palmer

“Technique is what we use until the real teacher arrives.”

- Parker J. Palmer



Be Courageous!



Thank you!

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